

Defeating The 8 Demons Of Distraction By Geraldine Markel

By Geraldine Markel

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Geraldine Markel, Ph.D. is principal of Managing Your Mind Coaching & Seminars, LLC, She is author of Defeating the 8 Demons of Distraction:

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Geraldine Markel, Ph.D. gets right to the point in "Defeating the 8 Demons of Distraction" by identifying them all right in the introduction to the book.

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Geraldine Markel, Ph.D. is principal of *Managing Your Mind Coaching and Seminars* and is author of *Defeating the 8 Demons of Distraction*.

The Archdemon will simply launch Spirit-based attacks at its enemies during this phase, so throw Area of Effect spells and/or fire ballistae at it.

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The demons of hell are classified by three different tiers from Generals to Officers. Pseudomonarchia Daemonum . Main article: Pseudomonarchia Daemonum.

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