

# Blowing Zen: Finding An Authentic Life By Ray Brooks

**By Ray Brooks**

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Jun 27, 2012 *Blowing Zen: Finding An Authentic Life* by Ray I first came across the term blowing zen when I began teaching the Music of the World course

*Blowing Zen* s irresistible story of cultures converging lets the underlying message come through without preachiness: life is about finding , Ray Brooks , self

Ray Brooks *Blowing Zen: Finding an Authentic Life* Publisher: H.J. Kramer (January 2000)  
Language: English Pages: 288 ISBN: 978-0915811854 Size: 22.50 MB

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an utter waster in his twenties who squandered the best part of his early life away in the pubs, wine bars, find himself playing solo concerts

How do I describe "Blowing Zen"? Refreshing, evocative, profound and yet simple. It is about finding a truthful life amid the rush and alienation of modern life.

*Blowing Zen: Finding an Authentic Life* Info Ray Brooks of Victoria has studied Zen flute with Japanese masters after his epiphany in a London nightclub.

This is an uplifting story of the quest for an authentic life, and an insightful travel memoir exploring Japan, India, and the UK . Living in London, Ray Brooks, an

Get this from a library! *Blowing Zen : finding an authentic life.* [Ray Brooks]

Ray Brooks has 18 books on Goodreads with 76 ratings. Ray Brooks s most popular book is *Blowing Zen: Finding an Authentic Life*.

Blowing Zen: Finding an Authentic Life by Ray Brooks. Ray Brooks describes his spiritual and musical path towards learning to play the shakuhachi 'Zen' flute in Japan.

Brooks has studied with Japanese masters and is internationally known in shakuhachi circles. He is also a master performer, composer, and teacher who travels worldwide.

Blowing Zen Synopsis. This is an uplifting story of the quest for an authentic life, and an insightful travel memoir exploring Japan, India, and the UK .

a skill highly prized by Zen flute students who view it as part of the mystical Blowing Zen: Finding An Authentic Life, Tiburon: HJ Kramer, c. 2000, p

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Ray Brooks came to wide prominence as a musical thinker with his book, Blowing Zen: Finding an Authentic Life, which autobiographically chronicled the physical and

Blowing Zen: Finding an Authentic Life by Ray Brooks, 9781591811701, available at Book Depository with free delivery worldwide.

Blowing Zen: Finding an Authentic Life by Ray Brooks . Ray Brooks describes his spiritual and musical path towards learning to play the shakuhachi 'Zen' flute in Japan.

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forward in life and afterlife. Just as the meditation immerses one Ray, Blowing Zen: Finding An Authentic Life, Brooks, Ray, Blowing Zen: Finding An

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