

# 18 Minutes: Find Your Focus, Master Distraction, And Get The Right Things Done By Peter Bregman

By Peter Bregman

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Peter Bregman Interview -- 18 Minutes: Find Your Focus, Master Distraction, and Get the Right Things Done. Discusses the dangers of productivity and your comfort zone.

Peter Bregman. Peter Bregman, Master Distraction, and Get the Right Things Done and Four A master certified coach, Peter began his career teaching leadership

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Peter Bregman. CEO of Bregman Partners, Inc., a global management consulting firm which advises CEOs and their leadership teams. Author of 18 Minutes: Find Your

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And here are some brilliant insights from Harvard Business Review columnist and business consultant Peter Bregman, the author of 18 MINUTES: Find Your Focus, Master

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Sep 26, 2011 He is the author of 18 Minutes: Find Your Focus, Master Distraction, and Get the Right Things Done and Point B: Log in with your social account:

18 MINUTES is an intensely smart, insanelly readable, and eminently practical guide to boosting our effectiveness and deepening our satisfaction.

Nov 06, 2011 My previous book was the Wall Street Journal bestseller 18 Minutes: Find Your Focus, Master Distraction, An 18 Minute Plan for Managing Your Day.

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Sep 26, 2011 He is the author of 18 Minutes: Find Your Focus, Master I recently spoke to Peter Bregman, Find Your Focus, Master Distraction, and Get the Right

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18 Minutes: Find Your Focus, Master Distraction, and Get the Right Things Done. Written by: Peter Bregman; Narrated by: Peter Bregman; Length: 5 hrs and 57 mins ;

18 MINUTES: Find Your Focus, Master Distraction, and Get the Right Things Done Peter Bregman

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